

Mike Ellis

AAA Development Coach



Mike Ellis is an experienced and focused person with real passion for skating and skill development in today's fast paced game. He has been very fortunate to play and coach against top Hockey countries throughout Europe and have absorbed and developed many teaching techniques that he looks forward to passing on to the Burlington Eagles. Mike is a very detailed, technically-based coach and instructor who believes in the proven theory that '10,000 repetitions to master a skill can be drastically reduced through delivering a detailed progression based plan and information to the athlete'. This higher level of detail helps the athlete to absorb the information with more focus.

Experience

Toronto Marlies Hockey Club AHL - November 2014 - Present

Developing MLSE's protected players and Prospects. Working on all game related skills with players. Using video analysis and feedback to help the players grow and improve their skill sets. Providing progressive teaching methods to help the players reach their highest levels of performance and technique efficiency.

Skating and Skills Pro Instructor Nashville Predators July 2013 - 2013

Head Coach Valpellice Bulldogs Series A Italy May 2003 - April 2006 *Managed players contracts and salary cap. Controlled housing, travel and equipment budgets. Designed Corporate Sponsorship packages. Game day merchandising and Team branding awareness.*

Honors & Awards

Coach of the Year
British Ice Hockey Association
April 2005
Received the Award after winning the League Championship and the Winter Cup.

Findus British National League
IIHF Hockey World Championships Bronze Medal Pool B