

# BURLINGTON EAGLES

## COACH & PLAYER DEVELOPMENT

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### Mike Schutte

Coach's Consultant/Coordinator of Player Development



Mike has been involved in hockey for the past 30 years, and has coached all ages from the Jr. Eagles Development level to Midget, Jr. "B", Jr. "A", & every level in between. His experience is further advanced by his positions as GM/Head Coach for the Cougars, GM/Head Coach of the Jr. "B" Stoney Creek Warriors, and GM of the Toronto Jr. "A" Canadians. His role as the Director of the Ontario Under 17 team included several notable players, such as Rick Nash, Eric Staal, Jeff Carter, Corey Perry and Mike Richards just to name a few. In addition to his own accolades, Mike's sons both went on to play professional hockey after graduating from the Eagles, and has helped dozens of players realize their dream of getting to the OHL, NCAA, and beyond.

After a few years away as a Head Scout in the Ontario Hockey League (OHL) for the Sudbury Wolves, Primary Scout for the Kitchener Rangers, and longtime pro-scout of the 3 time ECHL Kelly Cup Champion Alaska Aces, Mike returned to the Eagles and, for the past 8 years, has been working closely with our coaches to run and improve our Eagles Development Program. To further advance this goal, Mike and Rod Kirk began planning an entirely new program after the 2015-16 season and after careful planning, they implemented the Next Level Training (NLT) program in the 2016-17 season. Mike and Rod are already working on next year's plans with the intention of making the Burlington Eagle's NLT Program the envy of other clubs in the area.

Mike sets high expectations for our Eagles Coaches, and it's clearly paying off. He sincerely believes in Hockey Canada's "Coaches helping Coaches Mentor Plan" and continues to expect from coaches, as well as our players, that we are a club of 41 teams - not 33 separate teams, plus Jr Eagles. Mike has set an agenda for our coaches to work collectively towards the long-term development of our players in each division. He is very excited about next year's group of coaches, experts, and trainers already committed to work with our teams, and expects next season to be our most special yet.

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### Mike Ellis

AAA Development Coach



#### Honors & Awards

Coach of the Year  
**British Ice Hockey Association**  
April 2005  
Received the Award after winning the League Championship and the Winter Cup.

**Findus British National League**  
IIHF Hockey World Championships Bronze Medal Pool B

Mike Ellis is an experienced and focused person with real passion for skating and skill development in today's fast paced game. He has been very fortunate to play and coach against top Hockey countries throughout Europe and have absorbed and developed many teaching techniques that he looks forward to passing on to the Burlington Eagles.

Mike is a very detailed, technically-based coach and instructor who believes in the proven theory that '10,000 repetitions to master a skill can be drastically reduced through delivering a detailed progression based plan and information to the athlete'. This higher level of detail helps the athlete to absorb the information with more focus.

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#### Experience

Skills Coach/Player Development  
**Toronto Marlies Hockey Club AHL**  
Ricoh Centre/MasterCard Centre  
November 2014 – Present  
Developing MLSE's protected players and Prospects.  
Working on all game related skills with players.  
Using video analysis and feedback to help the players grow and improve their skill sets.  
Providing progressive teaching methods to help the players reach their highest levels of performance and technique efficiency.

Skating and Skills Pro Instructor  
**Nashville Predators**  
July 2013 – 2013  
Greater Nashville Area, TN  
Instructed Skating and Skills at the Nashville Predators  
2013 Development Camp

Head Coach  
**Valpellice Bulldogs Series A Italy**  
May 2003 – April 2006  
Bracknell, UK  
Managed players contracts and salary cap.  
Controlled housing, travel and equipment budgets.  
Designed Corporate Sponsorship packages.  
Game day merchandising and Team branding awareness.

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### **Rod Kirk** B.Sc. (H.K) DC

Goaltender & Coach Mentor



For the past 17 years, Rod Kirk has been a notable figure within the Burlington Eagles hockey organization, as he has taken on many roles; from coaching, to training, and in the last 8 years, Goalie Coach Mentor. For Rod, teaching young goalies a mindset that parallels life has been a rewarding endeavor. As a result, and as a natural extension of this role, he developed a highly effective program as a Mental Performance Coach for the Burlington Eagles. Being responsible for the development of team and organizational culture, Rod takes an enthusiastic and sometimes unconventional approach for teaching coaches, young hockey players, and their parents, lifelong learning skills.

*"Playing organized sports can give us the tools required to be successful in life. It teaches us about who we are, what we are capable of achieving, how to interact with others and all the trials and tribulations life brings us. We have a responsibility to model exceptional behaviour and teach our young players these lifelong skills."*

In the coming seasons, Rod will continue to look for new and innovative ways to help the Burlington Eagles Hockey Club to develop our young athletes.