

# BURLINGTON EAGLES

AAA COACH SELECTIONS 2017-18

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## Stephen Tait

Tyke 1 (AAA) Head Coach



As a graduate of Burlington City Rep Hockey club, Stephen went on to play at Brock University (CIS), and began coaching in 2004 as an assistant with the Minor Peewee AAA Eagles. Since then, he has held various coaching roles over 10 seasons ranging from Tyke to Bantam. He most recently served as an assistant coach for the 2016-17 Tyke 2 Eagles. He currently holds a Development 1 Coach Certification from Hockey Canada.

Stephen is passionate about creating a fun learning environment to allow a new generation of Burlington kids to fall in love with the game.

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## Mike Mundy

Novice AAA Head Coach



Born and raised in Burlington, Mike Mundy developed a love for the game while growing up & playing for the Burlington City Rep Hockey Club. He has been involved with the Burlington Eagles organization since 2015 as Head Coach for the Jr. Eagles Development Program and currently is the Head Coach for the Tyke 1 Eagles team.

Mike's coaching credentials include Coach Development 1, Coach 2-Coach Level, Coach 1-Intro to Coaching, and Respect in Sport Certification. His coaching philosophy is to focus on Player and Team development, both on and off the ice, while ensuring that every player has a positive experience and looks forward to coming to the rink.

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## Troy Claus

Minor Atom AAA Head Coach



As a trained performance coach who brings a deep understanding of motivation and inner confidence, Coach Troy Claus is excited to lead another season with the Burlington Eagles AAA 2008 team.

With a primary focus on helping players learn how overcome their limiting beliefs, Coach Troy thrives on personal success. Coach Troy believes combining mindset with skill set is the best recipe for both team and personal achievement, as we look forward to a fun year ahead, filled with lots of learning and unlimited possibilities.

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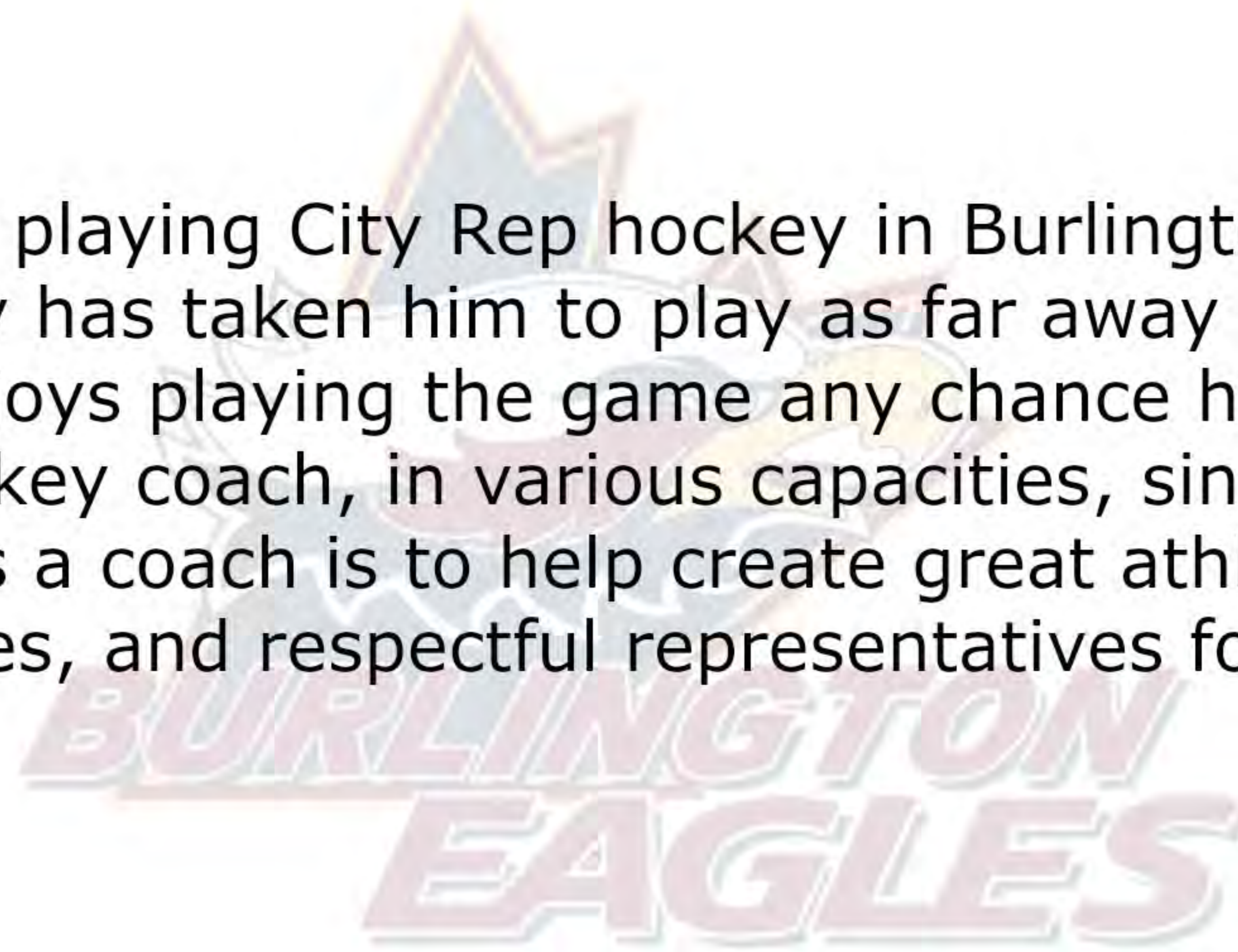
## Andy Gillies

Atom AAA Head Coach



Andy grew up playing City Rep hockey in Burlington and, as a result, his love of hockey has taken him to play as far away as Europe. He very much enjoys playing the game any chance he gets, and has been involved as a hockey coach, in various capacities, since high school.

Andy's goal as a coach is to help create great athletes on & off the ice, selfless teammates, and respectful representatives for the City of Burlington.



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## Ryan Carrigan

Minor Pee wee AAA Head Coach



Ryan Carrigan started his hockey experience with the Burlington Wolves and played minor hockey with the Burlington Reps AAA through the late 80's and 90's. From there, he moved to the Bozeman Montana to play in the USHL. After three years of Junior hockey, he accepted a Division 1 scholarship to Northern Michigan University and after graduating with an Economics and Finance degree in 2004, he pursued a professional career in the United League and Central League.

He is looking forward to coaching the Minor PeeWee AAA and for the opportunity to work with a talented group of players.

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## Kevin Elkins

Peewee AAA Head Coach



Throughout the past 20+ years of my involvement in coaching, I have worked with all levels of hockey, all with the same focus of individual player development while providing players with the tools and confidence necessary to continue to grow and reach their goals, both on and off the ice.

My experience includes many levels of rep hockey, focusing mainly on the Minor Midget AAA program, U17 Team Ontario Regional Program and Jr A with the Bramalea Blues, Milton Ice Hawks and Appleby College.

My passion and love for the game is instilled in my players as they come to the rink with a purpose of becoming a better hockey player. With this in mind, I am always challenging myself to develop and implement new drills.

The 2017/18 hockey season will be an exciting year for myself & my coaching staff, as we are all really looking forward to leading the Burlington Eagles 05 AAA team, and I strongly believe that with player development, good team play, and creating a fun environment, we will be able to achieve our team goals.

Best of luck to all the 05's at tryouts!

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### Ethan Lyons

Minor Bantam AAA Head Coach



Ethan Lyons is a Burlington Eagles alumni. As both a defenceman and forward, Ethan played A, AA and AAA throughout his minor hockey career from Tyke to Midget. Upon graduating from Minor Hockey, Ethan went on to play 2 seasons for the OJHL Jr A Streetsville Derbys, and a season with the Cambridge Winterhawks Jr B franchise of the GOJHL. During his time with Cambridge, Ethan was frequently involved in the community visiting schools and teaching hockey in gym classes, all the while building a passion for coaching. His efforts on and off the ice resulted in Ethan being awarded the Margaret Hofstetter Trophy as the Winterhawks "Unsung Hero".

Ethan rejoined the Eagles organization in the 2011/12 season as an Asst. Coach with the Pee wee AAA team. During the next two seasons, he accepted the same position with the Atom AAA & Minor Pee wee AAA teams, respectively. In the 2014/15 season, Ethan was named Head Coach for the Eagles Atom AA team and followed that up as Head Coach of the 2015/16 Minor Bantam AA's. Currently, he serves as the Head Coach of the 2016/17 Pee wee AAA team.

Ethan believes in creating a strong Team Culture that produces an environment for both individual and team development, combined with promoting positive habits both on and off the ice. Behaviors which will benefit young athletes, not only as they pursue hockey, but will be cornerstones in all aspects of their life pursuits.

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## Mike Whittaker

Bantam AAA Head Coach



Michael Whittaker grew up playing as a goalie in the Hamilton/Stoney Creek AAA system. He started coaching in Burlington 13 years ago with various age groups and levels, including his current assignment with our Minor Midget AAA team.

Mike holds many certificates such as High Performance 1 trained, NCCP level, Coach Stream D1, CHIP Coaching Certified, Intro to Coaching, Speak out Completed. He is also a level 2 certified Referee.

Mike believes that hockey is the vehicle to establish lifelong friendships, character, respect and resilience, and where every player, parent and sibling are treated as a team member. Each of his players are given an opportunity to achieve great success, while also learning through failure. Mike is a strong leader and role model for his players. He is firm but fair and has 100% belief in his team and what they can accomplish if they work hard in games - and even harder in practices.



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### Jeff Adams

Minor Midget AAA Head Coach



A native of Burlington and a former Eagle himself, Jeff Adams has vast experience coaching at the Minor Midget level. Before returning to the Burlington Eagles for the 2017/18 season, Jeff was a coach with the Minor Midget AAA Mississauga Rebels team in the GTHL and prior to that, he guided a Hamilton Jr. Bulldogs team to consecutive OMHA silver medals.

Jeff has coached two Burlington Eagles groups through the Minor Midget year - both the 1995 & 1996 birth year teams - and his teams have had considerable success in the OHL Priority selection, as he has made some great contacts along the way. Jeff is a Hockey Canada High Performance Certified Coach.

*"I am extremely excited to have been selected by the Eagles to coach this team. I feel my experiences at Minor Midget level will benefit these players. I have experienced firsthand the intensity and commitment it takes to be successful at Minor Midget. It's an extremely intense and action packed year for these players. I hope to pass on the knowledge and wisdom I have gained from years past, expand their hockey knowledge, and make this a very enjoyable year for all involved."*

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## Casey Edwards

Midget AAA Head Coach



With over 10 years experience as a Head Coach, and this being his second season with the Burlington Eagles Midget AAA team, he has been a valuable leader to the team and it's players. In the 2014/15 season, Casey led the Minor Midget AA team to become the OMHA Champions and was voted 'Coach of the Year' by his team.

Casey is HP1 certified and is owner & head instructor at BTC Goaltending