



## **Burlington City Rep Hockey Club**

1176 Blair Road, Burlington, Ontario L7M 1K9

Phone: 905-336-3321 • Fax: 905-336-1575

e-mail: [reph@bellnet.ca](mailto:reph@bellnet.ca) • internet: [www.burlingtoneagles.com](http://www.burlingtoneagles.com)

### **Burlington Eagles Return to Play Safety Measures and Guidelines**

The Burlington Eagles Elite Hockey Club will be working with the City of Burlington and following the recommendations from our Provincial body The Ontario Hockey Federation as well as the Chief Medical Officer and Public Health to ensure the return to play is safe for all players, coaches and parents.

The Burlington Eagles Elite Hockey Club has designated a group of Board members along with the Head Trainer to ensure all up to date information set out by Public Health will be communicated to parents and players as well as implemented within our safety guidelines.

#### **Return to Play Plan Safety Guidelines and Procedures**

- **Enter and Exit Points for traffic flow set out by the city will be followed by the club**
- **Hygiene/Personal Protective Equipment**
- **Tracking Program**
- **Screening Process**
- **Protocols for participant presenting with symptoms**

#### **Hygiene/ Personal Protective Equipment**

- Alcohol based hand sanitizer will be available for all players/parents when entering the arena where soap and water is not available
- We will ensure hands are washed for a minimum of 20 secs upon entering and exiting
- Upon registration for the Eagles program all participants will be asked to wear a mask to the arena, and at all times where social distancing (2 meters) cannot be enforced.
- Parents and coaches will be asked to wear a mask as well where social distancing is not able to be met
- Trainer kits will be stocked with gloves, extra masks, hand sanitizer and a touchless thermometer

- Trainers will be expected to wear gloves and a mask when tending to a player's injury, the gloves will then be changed to a new pair of gloves
- If a player is in need of a tissue, it will be discarded immediately in a lined waste basket with a lid

## **Tracking Program**

- Players will be registered for their on ice session and the group will have the same instructor to ensure proper tracking
- The Burlington Eagles Elite Hockey Club will be using the tracking document sent out by Ontario Hockey Federation <https://www.ohf.on.ca/media/isintuvh/session-participation-and-health-screening-tracking.pdf>
- Registration and tracking will all be performed digitally through RosterLogix. This will allow trainers at the facility to screen and verify checks.
- All health questionnaires, personal information, screening will be kept digitally to ensure efficiency
- All parents ( 1 parent allowed per child under the age of 18) will be registered upon registration to ensure effective tracking.

## **Screening Process**

- All parents, players, instructors will be expected to undergo a Covid pre screening before every on/off ice session.
- The Burlington Eagles will require that all participants/coaches/visitors complete their Wellness check screening using the RosterLogix APP
- **At the Arena Screening will occur again:**
  - players/ parent will be met at the entrance of the facility by a trainer, who will screen all players upon entry
  - Temperatures will be checked prior to entering the facility
  - Trainers will then ensure all players/parents have a mask
  - The RosterLogix app will be checked to verify the Wellness Check has been completed
  - Players will be instructed on where they will be sitting (chairs/bench clearly marked 2 meters apart) to put on their skates and helmets.

- The players will then proceed to the ice surface where they are to place their labelled water bottles on the bench clearly marked 2 meters apart. There is no filling of water bottles allowed at the rink and under no circumstances will players/staff be allowed to share any water bottles.

## **Protocols for participant/parents and staff presenting with symptoms of Covid-19**

- **Participant/parent/staff feels ill at the facility:**
  - the participant will advise the staff immediately of their symptoms
  - the participant will be tended to and given a mask while being removed from the activity by the trainer who will also be wearing a mask and gloves, immediately
  - The parent will be notified to go home and contact their family physician/public health while they monitor their symptoms on the advice from the physician and public health officials
  - The trainer will log the event on our tracking sheet follow up with the participant/parent the next day
  - The participant will not be allowed to return to the activity without a return to play note from their family physician
  - The Burlington Eagles Elite Hockey Club will communicate to the group on the status of the player as soon as notified by the parent

### **Participant/Parent/Staff report they have tested positive for Covid 19:**

If a sick participant (or their parent/guardian if the participant is a minor) elects to inform a team/hockey association/Member that they have been diagnosed with COVID-19, the individual informed shall seek the sick participant/their parent's/guardian's consent to contact public health authorities in order to obtain advice on communication with other potentially impacted participants. The sick participant (or their parent/guardian if the participant is a minor) should be asked to advise Public Health of this consent. Explain the communication that will take place and **NEVER** disclose the sick person's contact information.

#### **PARTICIPANT FEELS ILL**

##### **AT THE FACILITY/ACTIVITY**

Participant advises team staff/safety person immediately.

Participant receives a cloth mask and wears immediately. Anyone caring for the participant should also wear a cloth mask.

Parents/guardians are advised and take the participant home. If the participant is an adult, they will leave immediately if well enough to drive. If there is a delay in leaving the facility, they should find a location to isolate.

Contact a physician and call the local public health line. Follow isolation requirements of public health authorities. The participant will require a note from their physician to return to activity.

## **PARTICIPANT ADVISES TEAM STAFF**

### **THEY ARE NOT FEELING WELL**

#### **AND WILL NOT BE ATTENDING**

Participant is advised to follow up with their physician. They will require a note from their physician to return to activity.

Any participant with suspected or confirmed COVID-19 should not return to the hockey environment until all public health authority steps have been completed. They will require a note from their physician or public health authority to return to activity.

If a participant is confirmed to have COVID-19, refer to the following section for recommended communication.

## **PARTICIPANT ADVISES**

### **THEY HAVE SYMPTOMS OF COVID-19**

#### **AND WILL NOT BE ATTENDING**

If a participant has COVID-19, they should follow up with their physician and public health authority for instructions.

Any participant with suspected or confirmed COVID-19 should not return to the hockey environment until all public health authority steps have been completed. They will require a note from their physician or public health authority to return to activity.

## **PARTICIPANT/PARENT HAS COME IN CONTACT WITH SOMEONE WHO HAS TESTED POSITIVE WITH COVID-19**

If a participant has come in contact with someone who has symptoms of Covid 19 they are to advise Public Health and not return until they have been tested (High risk contact) or under the advisement of Public Health (low risk contact). If a participant has **tested Negative** and Public Health advises them to continue to self-

monitor for symptoms they are to return based on the Public Health authority's advisement. The participant will be allowed to return with negative test or doctors note.

**PARTICIPANT**

**TESTS POSITIVE FOR COVID-19**

**AND CONTACTS THEIR PHYSICIAN**

FOLLOW PUBLIC HEALTH GUIDELINES

IMMEDIATE REMOVAL FROM HOCKEY ENVIRONMENT FOR ANYONE IN THE HOME

REPORT TO PUBLIC HEALTH AUTHORITIES, FOLLOW GUIDELINES

PUBLIC HEALTH AUTHORITY DETERMINES COMMUNICATION PROTOCOL AND TRACING OF ALL CONTACTS

COOPERATE ON ANY NECESSARY COMMUNICATION.

NOTE REQUIRED FROM A PHYSICIAN OR PUBLIC HEALTH AUTHORITY TO RETURN TO PLAY

The Burlington Eagles Elite Hockey Club along with its families will work alongside the City of Burlington and Public Health officials to ensure we provide a safe environment for all parties involved while we return to play the sport we all love.

