



Becky Kellar

Burlington Sports Hall of Fame Candidate 2017



Becky Kellar

- 3 time Olympic Gold medal winner
- 4 Time IIHF World Champion
- Brown University Hall of Fame Member
- Coach – Burlington Eagles (and others)
- Mentor and Role Model
- Former Player – Burlington Barracudas CWHL
- Skills and Development Trainer
- Community Leader
- Executive Speaker
- Motivator, Ambassador...



“Hockey has had a very positive impact on my life. The journey from youth hockey player has had a lot of ups and downs. It is a process that requires us to challenge our limits, to find our passion, and believe in our abilities. It is a privilege to be able to share these experiences with others to help them in their journey”

Becky Kellar - 2017



“Becky Kellar came to a practice to talk to the girls about her experiences that made her an Olympic Champion! She inspired them with her stories.... she answers all their questions and most importantly left a impact on these young girls that will last a lifetime! Thank you Becky Kellar! You are an inspiration and a champion”

**Gisele Doucet- Mother of Rene Doucet
Burlington Barracuda’s**

“Becky is just completing the 2nd year of what we hope are many more years to come coaching with the Burlington Eagles. We are so fortunate to have someone with Becky's background and character to inspire, teach and develop so many of our Eagles players. In addition to the many hours Becky commits to coaching her team she completed her "Path to Excellence" classroom sessions with every Eagles team/player from Minor PW to Midget. It was a motivating experience that scored her high praise from all those that were fortunate enough to attend. Learning about Becky's own Path to Success and her Olympic Gold medal accomplishments was truly inspiring. Becky is the ultimate definition of what a "role model hockey coach" is all about. Thank you Becky. ”

Mike Schute

Coach Consultant & Player Development Coordinator- Burlington Eagles



‘She inspires me”

**Denikka Toledo
Player: Burlington Blast**



“...Trailblazer. Game-changer. Difference-maker. Becky embodies all these qualities and more. While recognized as a leading defence player for Team Canada bringing home four Olympic medals, what Becky should be lauded for is the inspiration she has provided to generations of Canadian girls. Especially for the Burlington community...”

**Barb Rockx
President, The Burlington "Barracudas" Girls Hockey Club**

(please see the BGHC’s full endorsement in the formal application)

"As the father of two boys who have come up through the Burlington Eagles rep system. I feel very lucky to have had Becky's influence on their development. She is a constant reminder that hard work, team work, life balance and sacrifice are all critical components of success. That your actions off the ice are equally, if not more, important than on the ice. That your character and sense of team are more important than your individual talent and she reinforces that women can not only be powerful athletes, but also great leaders and amazing coaches. She is an amazing person and a great role model for athletes, coaches and parents alike",

Aaron Brooks

- Father, and Burlington Eagles Public Relations and Marketing



"Becky Kellar has worked with our association for many years – and has been a role model and inspiration for our players. Our parents and players find it incredible that an Olympian of such high caliber in terms of skill and demeanor started out as a ringette player.

Becky always goes beyond what would be expected – to spend the extra time, to make the personal connection, to encourage our members to become better players and people"

Craig Witterick

President – Ringette Association of Burlington



"My daughter plays defense – and has had the great honour of spending time with Becky Kellar – both on the ice, and in off ice discussions and "medal sharing". In one memorable occasion, Becky surprised the team with an incredible pre-game speech prior to us qualifying for provincials. Becky has left a lasting impression on Ainsley – in terms of on ice skills, and in providing guidance on the character and hard work required to become a good athlete and a good person.

Stan Kaszecki

Father and Assistant Coach



We were extremely fortunate to have Becky as the keynote speaker for the 2016 University Challenge Cup in Guelph. The audience was comprised of university ringette players, coaches and parents from across Canada. Becky had them captivated from start to finish! The room was silent when she was speaking, and she received a well-deserved standing ovation. Her message was entertaining and inspiring, offering not just lessons that can be used on the ice, but more importantly in everyday life. We received countless compliments for her speech on the night of the event, and at tournaments for weeks after the event coaches, parents and players approached us to tell us how much they enjoyed her appearance and were inspired by her stories. Many people said it was the best speech they had ever heard!

Steve Thompson
Manager- Univ. of Guelph Ringette
UCC 2017 Organizing Committee

I can't say enough about what Becky Kellar has done for girls hockey locally and, in particular, my two daughters that play. She is always willing to help whenever asked and serves as an ideal role model for the girls - not only from a hockey standpoint but also in terms of life lessons and a leadership perspective. Becky is professional, extremely positive ...

The Flamborough Girls Hockey Association has brought both Becky and Cheryl Pounder in on numerous occasions to assist with development programs and have not but positive feedback from both parents and the kids. I consider it an honour to have known and been able to work with Becky and know that a great many young female athletes, mine included, have benefitted tremendously from their experiences with her.

Trevor Hood – President
Flamborough Girls Hockey Association



Becky was my daughters coach for two years while she was in her Novice year when she played on an all-boys Burlington Bull Dog Team and was thrilled to be playing for an Olympian!

Becky was an outstanding coach for Charlie, calm, poised and worked diligently on their skill development however she worked harder on teaching them the important parts of being on a team and how to be an outstanding "Team Player".

I will never forget the day Becky took a 5 minute coaching penalty and she sent Charlie to the box.. without complaint Charlie skated to the box and served.

Later on Becky learned that she could have split the penalty and only had Charlie serve 2.5 minutes..... she felt horrible. After the game ,we were to meet at Appleby rink for a team photo for a fund raiser we had participated in and the Burlington Post was there waiting.....and they waited and they waited until Becky finally arrived.

After the photo session she took Charlie aside and presented a signed print of the 2010 Olympic Team.... She had gone home after the game to pick up the photo hence being late. Becky apologized to Charlie for the mistake she made and went on to commend her for not complaining, continuing to smile and for being such a strong advocate of the team and being a leader. The photo was to remind her that if she continued to do work hard and be a Team Leader that she could one day be the girl in the photo.

Today that photo remains framed and is the center of many conversations between my daughter and I over the past 5 years.



Since such time Charlie has moved on to girls hockey and Becky remains in our lives. Many mornings at 6am with Becky doing skills and drills or chatting passing by at local rinks. Becky has even stayed to watch games and offer advice to Charlie for her next games. Becky's ability to connect with hockey players and share her experiences, share what it takes to be a Champion on ice and off is powerful... its more than just Hockey, it's about giving everything you've got every day, working together as a team and believing in yourself.....its life and Becky inspires us to be the BEST in hockey and life!

**We are Becky's Biggest Fans!
Cheryl and Charlie Lewis**